

WOMEN'S REFLECTIONS NEWSLETTER

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Just like Jesus told His disciples that they should wait in Jerusalem until they are endowed with power from on high, the team of Impact Covenant Ministries have been waiting and seeking God in prayer for instructions and directions for our ministry.

We are confident that God is getting ready in 2007 to pour out a new anointing for a new day and we want to be conduits of that anointing.

This can be yours also if you are willing to make the sacrifice and join us as we spend quality time in the presence of God .

We meet at 5:30 AM every Saturday mornings for prayer.

For additional information and prayer. Please call us at 954-677-8801

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SEEK GOD'S PURPOSE FOR YOUR LIFE

God has a perfect plan and purpose for our lives. He wants us to know what it is and how to walk in it. 2007 is deemed the year of the open door and we need to position ourselves so that we can step into what God has in store for us.

Recently I had a conversation with one of my siblings. We were discussing relationships; as it relates to choosing a partner. She indicated that one needs to be specific with God when choosing a mate— listing exactly what they desire. This seem to be the practical thing to do and I believe many of us has done that.. However, during prayer before retiring to bed that night the Spirit of the Lord began to remind me that God, in His infinite wisdom has a plan for our lives. The blue print was designed before the foundation of the world. This includes our mates.

Adam is our first example of God's revealed plans. He was created and placed in the garden to have dominion over every living creature. These creatures had another of their kind,

but Adam did not. However, he did not go to God with a list of his desires. God saw that he had a need and knew exactly what he should have. Hence Eve was created just the way Adam desired her. Jeremiah also got the revelation from God regarding his purpose. God said, "before I formed you in your mother's womb, I have ordained you to be a prophet to the nations." Mary was minding her own business, walking perfect before the Lord, when the angel revealed God's purpose for her life. She was to be the mother of the Savior of the world. Throughout the scriptures God reveals his plan and purpose for the lives of His people. He told Abraham that he will be the father of many nations. He told Jacob that his name will be called Israel because a nation and a company of nations as well as kings shall come out of his loins. *Gen. 35: 10-11*. Paul was told that he will be the one to preach the gospel to the Gentiles. *Eph. 2:7-8*.

How could we forget David, a man after God's own heart, who was born to be King. God has not

changed. He is still the same yesterday, today and forever. Therefore, He is still revealing to men and women His purpose for their lives.

We need to stop taking our plans to God and ask Him to reveal His perfect one to us. Jesus said, "ask and you shall receive, seek and you shall find, knock and the door will be open unto you."

Though our backgrounds and cultures has caused us to perceive our existence as independent beings with gifting and abilities, we do need God's leading and guidance to the path we should go. His word to Jeremiah says, "For I know the plans I have for you; plans to prosper you and not to harm you. Plans to give you hope and a future. *Jeremiah 29:11*

Stop walking around in circles. Seek God's plan for your lives and you will experience peace and fulfillment. God Bless you and may your lives take on new meaning from this day forward.●

Rev. Margaret Smith



A woman who fears the Lord shall be praised.

A Woman of Purpose and Destiny The Virtuous Woman of Proverb

As virtuous “Women on the Move for God,” we need to possess the Characteristics of the Proverbs 31 woman. Some of her attributes comes naturally to some women, while it has to be cultivated for others.

The following describe a woman who use her time wisely, richly provides for the growing needs of her family, and who continually seeks to build her spiritual resources so as to be prepared for any emergency. We will see, too, a woman who shows skill in all her household task, who aides the needy, who guards her tongue, and who has dignity of character. Because of all these qualities, her husband is known in the gates and her children call her blessed.

The virtuous woman(s)

- Price is far above rubies
- Husband’s heart trust in her
- Does good and not evil
- Seek various fabrics and

work well with her hands

- Bring food from afar
- Rise early before dawn and give food to her household and her maidens
- Consider a field and buy it
- Plant a vineyard
- Gird her loins with strength and strengthen her arms
- Know that her merchant is good—she stays up late at night to do her work
- Lay her hands to the spindle
- Give to the poor and needy
- Is not afraid of severe weather patterns, because her household is properly clothed
- Makes herself coverings of tapestry
- Dresses appropriately specializing in silk and purple
- Husband is known in the gates, when he sits among

the elders of the land.

- Makes fine linen and sells it. She delivers girdle to the merchant.
- Possess strength and honor as her clothing
- Does not entertain idleness
- Husband and her children call her blessed

The scriptures ends by saying, “many daughters have done virtuously, but thou excelest them all. Favor is deceitful, and beauty is vain: but a woman that feareth the Lord, she shall be praised. Give her of the fruit of her hands; and let her own works praise her in the gates.

This ideal woman typifies almost all the admirable qualities of the actual woman of Hebrew History and a women whose attributes we should all aspire for. ♦

The Virtuous Woman’s price is far above rubies



Knowing God’s purpose for our lives can minimize stress.

Ways to Relieve Stress:

Knowing God’s plan and purpose for our lives does help us minimize stressful conditions.

The following are some practical ways to relieve stress:

- Pray
- Go to bed on time
- Get up on time so you can start the day unrushed
- Say ‘no,’ to projects that

won’t fit into your time schedule, or that will compromise your mental health.

- Delegate task to capable others.
- Simplify and un-clutter your life.
- Less is more, (Although one is often not enough, two are often to many.)
- Allow extra time to do things and to get to places.

Stress Management

- Pace yourself. Spread out big changes and difficult projects over time; don’t lump the hard things all together.
- Take one day at a time.
- Separate worries from concerns. If a situation is a concern, find out what God would have you do and let go of anxiety, if you can’t do anything about a situation, forget it.

To be continued in next issue...

A Reflection on UNCONDITIONAL LOVE (Author Unknown)

I dream I had an interview with God. “Come in,” God said. “So, you would like to interview Me?”

“If you have the time,” I said.

God smiled and said, “My time is eternity and is enough to do everything; what questions do you have in mind to ask me?”

“What surprises you most about mankind?”

God answered, “They get bored of being children, and are in a rush to grow up, and then long to be children again. That they lose their health to make money and lose their money to restore their health. That by thinking anxiously about the future, they forget the present, such that they live neither for the present nor for the future. That they live as if they will never die, and they die as if they had never lived...”

God’s hand took mine and we were silent for a while and then I asked, “As a parent, what are some of life’s lessons you want your children to learn?”

God replied with a smile, “ To learn that they cannot make anyone love them. What they can do is let themselves be loved. To learn that what is most valuable is not what they have in their lives, but who they have in their lives. To learn that it is not good to compare themselves to oth-

ers. All will be judged individually on their own merits, not as a group on a comparison basis! To learn that a rich person is not the one who has the most, but the one who needs the least. To learn that it only takes a few seconds to open profound wounds in persons we love, and that it takes many years to heal them. To learn to forgive by practicing forgiveness. To learn that there are persons that love them dearly, but simply do not know how to express or show their feelings. To learn that money can buy everything but happiness. To learn that two people can look at the same thing and see it totally different. To learn that a true friend is someone who knows everything about them...and likes them anyway. To learn that it is not always enough that they be forgiven by others, but that they have to forgive themselves.

I sat there for a while enjoying the moment. I thanked Him for His time and for all that He has done for me and my family, and He replied, “Anytime. I’m here 24 hours a day. All you have to do is ask for me, and I’ll answer.”

People will forget what you said. People will forget what you did, but people will never forget how you made them feel.”



God’s Love towards us is unconditional. (Agape)

People will forget what you said. People will forget what you did, but people will never forget how you made them feel.

The Christian Declaration of Independence

I am set free from failure for, “I can do all things through Christ which strengtheneth me.” Phil. 4:1

I am free from want for, “my God shall supply all my needs according to His riches in glory by Christ Jesus.” Phil. 4:19

I am free from fear for, “God hath not given us the spirit of fear, but of power, and of love, and of a sound mind.” 11 Tim. 1:7

I am free from doubt for, “God hath given to every man the measure of faith.” Romans 12:3

I am free from weakness, for “the Lord is the strength of my life. “Ps. 27:1 and the people that know their God are strong and do exploits. Daniel 11:32

I am free from the power of Satan for, “greater is He that is in me than he that is in the world.” 1 John 4:4

I am free from defeat for, “God always causes me to triumph in Christ Jesus.” 11 Cor. 2:14

I am free from ignorance for, “Christ Jesus is made unto me wisdom from God,” 1 Cor. 1:30

I am free from sin for, “the blood of Jesus Christ cleanseth me from all sin.” 1 John 1:7

I am free from worry for, “I am to cast all my cares upon Him. 1 Peter 9:7

I am free from bondage for, “where the Spirit of the Lord is, there is liberty.” 11 Cor. 3:17

I am free from condemnation for, “there is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. Romans 8:1

Author unknown

**IMPACT COVENANT
MINISTRIES INTL, INC.**

**2880 W. Oakland Park Blvd.
Suite 203,
Ft. Lauderdale, FL 33311**

Phone: 954-677-8801
Fax: 954-677-8801
Email: msmith6721@aol.com
www.impactcovenantministries.org

Our Website is currently under reconstruction. It is being designed with your training and development needs in mind.

*Empowering Women to Become Virtuous
"Women on the Move for God"™*



**A Word From Rev. Smith
President/Founder**

There is nothing too hard for God! He can make what seem impossible possible. Therefore, trust in the Lord with all your heart and lean not on your own understanding, In all your ways acknowledge Him and He will direct your paths. Proverbs 3:5-6

Prayer Ministry & Christian Counseling

Impact Covenant Ministry has a active Prayer Ministry as well as Christian Counseling Ministry and is open primarily to women, though we ministry to the family as well. We are inviting you to call us for Prayer and to schedule an appointment.

954-677-8801.

FAQ

What is "Biblical Counseling"?

Biblical counseling means that your counselor is a Christian with special training and experience in applying the truth of the Bible to life's issues

What types of counseling issues does ICM address?

People come with various struggles. We provide counseling for women's issues from a biblical prospective. However, all in-depth counseling are referred to the appropriate professionals (Psychologist, Psychiatrist, etc.)

How does ICM work with the church?

We partner with the church because we believe that the church of Christ is God's chosen context for change. We consider our ministry an extension of the local church, therefore we filter counselee's with-

out a church home into ones that we can highly recommend. This helps the counselee's continued healing process, growth and development.

How long does counseling take?

The length of counseling sessions vary depending on the problem being addressed. We recommend 6 sessions done on an hourly basis- weekly. It tapers off close to the end of the program.

Note: Counseling is primarily giving advise to guide someone in the right direction. In our case, Godly counsel which point toward purpose and destiny for their lives. It does not necessarily mean one has a